




EAST WINDSOR SENIOR SERVICES EVENTS & ACTIVITIES

DECEMBER 2013

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
Shopping - Big Y or WalMart 9:00-11:00 Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 pm Art Class with Tex 12:30 - 1:30 Wii Bowling 12:30 - 2:00	Decorate Senior Center 9:00 - 10:00 Focus Group 10:00 - 11:00 Food for Thought 11:00 - 11:30 Chair Yoga 12:30	Shopping at Geissler's 9:00 Wii Zumba with Melissa 12:30 - 1:30 Warehouse Point Library 1:00 - 2:00	Free Blood Pressure and Sugar Screening 10:00 a.m. Tai Chi 10:15 - 11:15 Senior Club 1:00 - 3:00	Foot Care Services 9:00 - 1:00 Enfield Square 9:30 - 1:00 Jewelry Making 10:30 - 11:30 Mobile Food Share St. Catherine's Church 1:45 - 2:30
Shopping - Big Y or WalMart 9:00-11:00 Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 pm Art Class with Tex 12:30 - 1:30 Wii Bowling 12:30 - 2:00	One - On- One Law Sessions 12:30 Wreath Making with Cathy 12:30 - 2:00 Chair Yoga 12:30	Shopping at Geissler's 9:00 Card Games 10:30 - 12:00 Cookie Swap for the Troops 10:30 - 11:45 Wii Zumba with Melissa 12:30 - 1:30	In-House Holiday BINGO 9:30 - 11:30 The Gift Shop 12:30 - 1:30 Tai Chi 12:30 - 1:30	Governors Holiday Mansion 9:15 - 11:30 Lunch at Windsor 75 12:00 - 1:30 In-House program Best inShow Pet Spa 12:30 - 1:30
Shopping - Big Y or WalMart 9:00-11:00 Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 pm Art Class with Tex 12:30 - 1:30 Wii Bowling 12:30 - 2:00	Foot Care Services 9:00 - 1:00 CRT CHRISTMAS LUNCH Chair Yoga 12:30 In-House Pizza Party and Bright Nights 3:30 - 6:30	Shopping at Geissler's 9:00 Broad Brook Elementary School Christmas Concert 1:45 PM Wii Zumba with Melissa 12:30 - 1:30 Judging EW Holiday Lights 6:00 - 7:30	Birthday / Holiday Social Appetizers to be served 10:30 - 11:30 Willie and Jan Band 12:30 - 1:30	Jewelry Making with Janice 10:30 - 11:30 Holiday Concert EWHS Jazz Band and Choir 11:45 - 12:30 Mobile Food Share St. Catherine's Church 1:45 - 2:30
Shopping - Big Y or WalMart 9:00-11:00 Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 pm Art Class with Tex 12:30 - 1:30 Wii Bowling 12:30 - 2:00	In-House Movie Elf 10:00 - 11:30 Chair Yoga 12:30	SENIOR CENTER CLOSED MERRY CHRISTMAS 	Tai Chi 10:15 - 11:15 New Years Cards 12:30 - 2:00	Coupons for the Troops 11:00 - 12:00 New Year's Eve BINGO 12:30 - 2:00
Shopping - Big Y or WalMart 9:00-11:00 Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 pm Art Class with Tex 12:30 - 1:30 Wii Bowling 12:30 - 2:00	In-House Movie 42 (Jackie Robinson Story) 9:30 - 11:30 Chair Yoga 12:30			

SENIOR CENTER HOURS - MONDAY THROUGH FRIDAY 8:00 a.m. to 3:00 p.m.

SENIOR SERVICES (860) 292-8262 TRANSPORTATION PROGRAM (860) 292-8261 NUTRITION PROGRAM ON-SITE CAFÉ (860) 292-8279

NUTRITION PROGRAM MEALS - ON - WHEELS (860) 292-8279 WEBSITE WWW.EASTWINDSORCT.COM

